



# SuperStar Study Skills Classes

## LifeLine Learning Center

[www.lifelinelearning.com](http://www.lifelinelearning.com)

(865) 980-9598

**Licensed Teacher: Dawn Melton, B.S.**

**Workbook:** *Middle School Study Skills* by John Ernst

### Parent Sheet for Class Two

Today's class covered techniques for improving memory and retention of information, improve study skills and develop effective test taking strategies.

#### **Today's Activities**

Students learned ways to learn and remember material for tests and class assignments. Methods that were discussed and practiced included studying with flash cards, taking question and answer notes, and using memory words or phrases. Test taking tips were also addressed. Handouts covering each of these topics were placed in their student folder.

#### **Study Flash Cards:**

The students made 3 X 5 index study flash cards using a practice vocabulary list and definitions. The cards were placed on a loose-leaf ring for easy study. Specific instructions for making study flash cards is addressed in both the student workbook and a handout in the student folder. When studying, many children benefit from using flash cards in ways that accommodate different learning styles. When making and using flash cards, students are encouraged to:

1. Draw a picture on the back illustrating the concept or fact. For many students, this helps them recall the information.
2. Say the flash card answers out loud when studying to help them remember the material longer.
3. Study the cards several times with a break between to make sure they know the material.
4. Separate cards they have not mastered, study them separately and then mix those cards with the entire set and go over them again.
5. Have a "study buddy" or parent show them the flash the cards to see if they are able to answer correctly.

#### **Questions and Answer Notes:**

Question and answer notes were discussed and each student read a few paragraphs about Tyson, a skateboarding dog who has appeared in movies and been a guest on several well

known television shows. Students also watched a video of Tyson in action. Afterward, they were asked to complete a question and answer notes practice sheet. On the right side of the practice sheet, they created questions that reflected important concepts in the story and might be questions a teacher would ask on a test. On the left hand side, they answered the question so they could study it later. To study the material, students folded a sheet of paper in half and covered the answers. As they answered each question, they moved the sheet to see if their answer was correct.

This study technique helps students identify important concepts and information as well as anticipate questions that might be asked on a test.

### **Memory Words or Phrases:**

Memory words or phrases are used when the student has several words or phrases to remember. A word or phrase is made out of the first letter of each word or concept. Students practiced this technique with several practice examples and tested themselves to see if they could recall the information.

### **Test Taking:**

Practical tips for taking tests were covered including general suggestions and techniques for taking multiple choice and true/false tests. Details on this information are in the handouts in the student folder.

### **A Few Final Words:**

*We enjoyed working with your child!* Encourage him or her to put the skills learned in these classes to use in the classroom and in their study at home. If you have any questions about this class or our program, please feel free to call Dr. Joy Carroll at LifeLine Learning Center - (865) 980-9598 or email her at [jcarroll@lifelinelearning.com](mailto:jcarroll@lifelinelearning.com). All handouts for the Study Skills classes not included in the workbook are posted on the LifeLine Learning Center website at <http://lifelinelearning.com>.