



SuperStar Study Skills Classes



Learning and Remembering

Tips for learning new material:

1. Say the information out loud. If you are learning a sequence of events or order of operations, say each step as you do it or review it.
2. Learn material in small doses. If you have a long list of spelling words, vocabulary definitions or math terms to learn, tackle a few at a time.
3. Move as you say the information out loud. You may find it easier to learn if you are walking, tapping your fingers or moving from side to side.
4. Visualize the information in creative ways. Create a unique picture of it in your head or draw a picture on a card with a cue word or other important information.
5. Practice makes perfect. Keep reviewing to make sure you have learned the information and can remember it over a period of time.
6. Have a "study buddy" or parent test your memory by asking you the information. If you can't immediately answer, you need to study the information again.
7. Make use of various learning techniques such as study flash cards, question and answer notes and memory words. (See handouts on these topics.)