



SuperStar Study Skills Classes

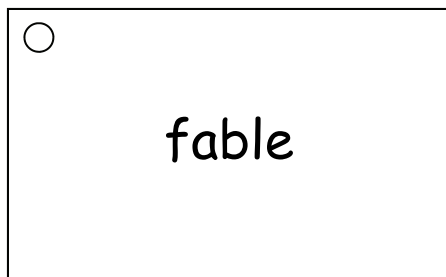
Studying With Flash Cards

Using flash cards is an excellent way to learn material for class or tests. Flash cards can help you learn and memorize faster. It also makes it more likely that you will remember things such as names, dates, definitions and other information longer.

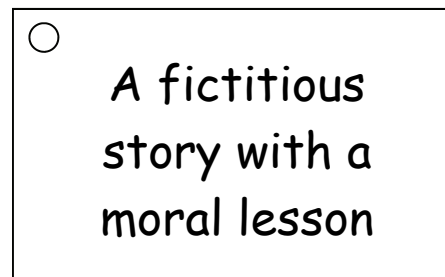
You can make your own flash cards with 3 X 5 index cards and individual loose-leaf rings that can be opened. Both of these items can be purchased at an office supply store.

1. On the 3 X 5 index cards, write the information that you want to learn.
 - Make a title card that says "Study Flash Cards".
 - You can use the other cards to:
 1. Write facts on one side and illustrate the fact on the back of the card with a picture or drawing to help you visualize the information.
 2. Write questions on the front with the answers on the back of the card. If you are studying for a test, write questions that you think the teacher will ask on the test.
 3. Write vocabulary or spelling words on the front with definitions on the back.
 4. Write math facts or equations on the cards. You can put a problem on the front with the answer on the back.
2. Use a single hole punch to punch a hole in the upper left corner of each flash card.
3. Put the flash cards on one of the rings with each card facing fact side up in the same direction. Make sure the Study Flash Card title card is on top. With the another ring, make a single card that says "Review" and put it on the ring. Lay this ring aside for now.

Sample Flash Card



Front



Back

4. Go through the study cards one card at a time. Look at the fact or question and see if you can say the answer without looking at the back of the card. Saying the answer out loud may help you remember it longer.
5. Flip the card over and see if you were correct. If you get the answer wrong, unclasp the ring and put that card on the ring that says "Review".
6. After you have gone through all the cards, study the cards on the Review ring again until you have learned the information on all the cards.
7. Unclasp the Review ring and mix those cards with those on the Study Flash Cards ring and go through the cards again.
8. Put the cards away for a while and then go through all of them again the same way you did before. Repeat until you have learned all of the information on the cards.